

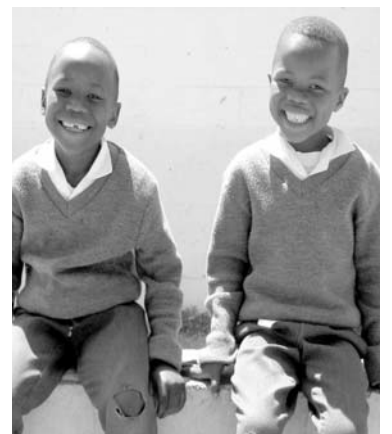
# ukuthasa



Encouraging local communities in southern Africa

## Report and Receipts and Payment Account

For the Year ended 31 December 2010



Registered charity number: 1055539

## **LEGAL AND ADMINISTRATIVE INFORMATION**

### **Status**

Ukuthasa is constituted under a trust deed dated 3 May 1996 and deed of amendment dated 12 September 2006. It is a registered charity, number 1055539.

### **Trustees**

Karen Barnes  
Trevor Blackmur (Treasurer)  
Christopher Wilks (Chairman)  
Peter Kerly  
Lynne-Anne West  
Gary Welsh

### **Registered office**

2 Hafton Road  
London  
SE6 1LP

### **Independent Examiner**

Mike Scott  
1 Mulbarton Court  
Kemnal Road  
Chislehurst, Kent  
BR7 6NE

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2010

The trustees are pleased to present their report together with the receipts and payments accounts of the charity for the year ended 31 December 2010.

The legal and administrative information set out on page 1 forms part of this report.

### Letter from the Chairman

As I look back over 2010 I am amazed and encouraged by the faithfulness and commitment of our donors, the dedication of our staff and partners and the tireless service of my fellow Trustees. We remain a small charity in terms of our financial turnover, volume and reach but we are far from insignificant.

I am compelled, as in previous years, to record my huge thanks to all those who are involved with **Ukuthasa** and the number grows each year as people run, cycle, shave their hair for us, host dinner parties, hold themed evenings, donate funds instead of receiving birthday gifts and perhaps the most moving, make donations to us in memory of loved ones.

These initiatives not only raise funds but also increase awareness of the work that we are involved in. The impact in the communities we serve is considerable so **thank you all!** We continue to appreciate your trust in us and I and my fellow Trustees take our role in steering and directing the use of our resources very seriously. Shortly, my wife and I will be spending some months in Zambia, one of the nations into which **Ukuthasa** invests. I am looking forward very much to seeing first hand, some of the impacts of our interventions.

The period of this report saw the beginnings of the impact of the current worldwide recession on southern Africa as some significant international donors began to reduce the scale of their support to Africa. Some have chosen to change focus from behaviour change to treatment programmes for HIV/AIDS and this has negatively impacted the region and, although working towards sustainable development has always been an essential goal, the speed of some of these changes has caused many of our NGO partners in southern Africa to down scale or close their doors completely.

To date, we have been successful in re-aligning our programmes to continue to provide services, although we have made some changes to the nature of our service delivery to adjust to less available funding pools. We are pleased to have been able to support a major new initiative by funding a weekend health event in KwaZulu Natal, South Africa where hundreds of local community members were tested for HIV, seen by nurses and doctors, enjoyed having their eyes tested and received reading or prescription spectacles plus a range of drugs, and in some cases, a doctors referral letter for hospital treatment, all at no cost to them. The event was a great success and one that we hope to repeat.

Our work into local communities continues in the areas of advocacy, education and training, empowerment through income generation, HIV training and interventions and we continue to support **Emyezweni Day Care Primary School**, the **Ukuthasa Peer Education Project** working with communities and particularly teenagers and **Choices Crisis Pregnancy Centre**. In addition, we are supporting a number of small scale subsistence initiatives.

It was brought home to me again recently how difficult the life of the millions of disadvantaged people in Africa is. A woman with 5 children was widowed because her husband had a boil, they couldn't afford the antibiotics and he died. As you partner with us, individual tragedies like this can be averted. Thank you for the difference you are making. We hope to build on the work that has been done so far in the coming year, investing in local communities, rewriting the stories of individuals.

## Objectives

The objects of the charity are

- the relief of poverty, particularly by the provision of assistance in the building of housing for persons living in squatter communities,
- the protection and preservation of public health to establish a health centre and nutrition centre,
- the advancement of education by the provision of vocational skills training and a pre-school education project.

in Africa.

There have been no changes in objectives since the last annual report.

## Activities, achievements, performance and future developments

### The Trustees' aims for the year were:

To further establish the HIV training and development project begun in 2007 through the provision of support and training to existing projects working with us in southern Africa, which are to be followed up with regular monitoring and evaluation.

To continue to support the **Hope2educate** Peer Education project in KwaZulu, Natal.

To continue to support the existing (HIV) Peer Education Project in the Western Cape. To continue the support of Emyezweni Pre-school in Lwandle.

To continue the support and development of various small farming projects in Zambia.

To support existing rural health initiative projects providing infrastructural support.

### **Summary of the main activities in relation to these objects**

We continue to work with those providing care in local communities by empowering community members to design appropriate interventions in terms of advocacy, education, empowerment and treatment programmes.

These include the support of various small scale projects; home-based care for those living with HIV/AIDs and TB, zero tillage farming and pig rearing, in areas where there is little or no access to conventional support and treatment.

In urban areas (where treatment is available and accessible) we are working with educators and other service providers, who in turn seek to influence their local communities to understand HIV infection routes and impacts, in order that they can better defend themselves against the devastating effects of the virus. This extends to substantial support of Emyezweni Day Care and Grade R to 3 Foundation Phase Primary School, as well as projects working with teenagers in Secondary Schools (Ukuthasa Peer Education and **Hope2educate** and interventions for women at risk (Choices Crises Pregnancy Centre).

Through partnership with two NGOs in South Africa, we were able to support our first rural health initiative weekend in Kwazulu Natal. This provided a rural community access to much needed medical support and attention free of charge over a weekend.

## Summary of the main achievements

Sponsorship of 22 children at the Emyezweni Pre-school.

The Ukuthasa Peer Education project (Western Cape) continues to do well and is appreciated by school staff, parents, communities and the young people themselves.

The production of the fourth edition in the Threads series of grief counselling aids for children directly and indirectly affected through HIV/AIDs.

HIV training and development continues and proves successful within the community.

The establishment and success of our first pig farming initiative encourages expansion and further development.

Training programmes continue in sustainable subsistence farming.

Our focus remains centred around responses to the HIV pandemic which continues to afflict southern Africa. South Africa still has the largest HIV infection rate and the largest HIV treatment programme in the world carrying 17% of the global HIV burden.

In the coming year we aim to continue expansion of our existing subsistence farming projects and, due to the success of the rural health initiative weekend, supporting further regular weekends. As the global economy continues to impact funding of projects, we focus on evaluating existing training programmes and projects to ensure adaptability across all platforms of service provision.

## Successful fundraising events have included:

- The British 10K Run
- The Women's Adidas 5K Run
- Jonny's Shave My Hair Event
- Jazz Evening

## Financial review

The financial performance of the charity is shown on the accompanying receipts and payments account and statement of assets and liabilities.

## Reserves policy

The Trustees have agreed to have reserves sufficient to fund existing projects (including employees' wages) for a minimum of six months. Where a project has less than six months to run, the reserve for that project will reduce on a monthly basis. The reserve figure is calculated by the treasurer, and at each trustees meeting the trustees are informed of the state of the finances and reserves.

## Risk management

The trustees consider that there are no major strategic, business or operational risks which the charity faces and confirm that they will review these on a regular basis.

## Public Benefit Statement

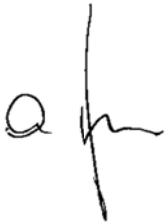
The activities currently carried out for the public benefit by the charity can be broadly categorised into the following groups of programmes where we support local communities:

- Home Based Care for HIV sufferers
- Support for Education: Emyezweni Pre-school
- Empowerment of Local Communities: zero tillage farming, chicken and pig rearing, as well as the establishment of herb gardens (for nutritional purposes) in areas where there is little or no access to conventional support and treatment, as well as the support of peer education and women at risk.

The common feature of all these programmes is that we are working with the most vulnerable groups in Southern Africa.

In setting our programme each year we have regard to both the Charity Commission's general guidance on public benefit and prevention, and relief of poverty for the public benefit. The trustees always ensure that the programmes we undertake are in line with our charitable objects and aims.

Our ambitious aim is to support communities in the areas where we work so that they are able to live healthily, and support their immediate and extended families.



Chris Wilks

**Chairperson**

**Date:** 28 September 2011

## INDEPENDENT EXAMINERS' REPORT TO THE TRUSTEES OF UKUTHASA

I report on the accounts of Ukuthasa for the year ended 31 December 2010, which are set out on pages 7 to 9.

### Respective responsibilities of trustee and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the 1993 Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 43(3)(a) of the 1993 Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 43(7)(b) of the 1993 Act); and
- to state whether particular matters have come to my attention.

### Basis of independent examiners' report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

### Independent examiners' statement

In connection with my examination, no matter has come to my attention:

- which gives reasonable cause to believe that, in any material respect, the requirements:
  - a) to keep accounting records in accordance with s41 of the 1993 Act; and
  - b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 1993 Act and the regulations made thereunder

have not been met; or

- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

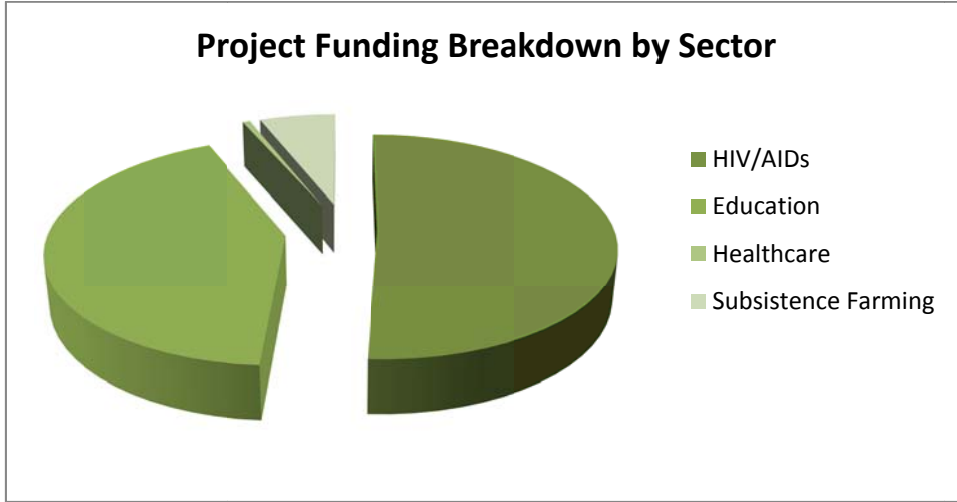


Mike Scott  
Chislehurst, Kent

Date: 12 October 2011

**RECEIPTS AND PAYMENTS**  
**Year ended 31 December 2010**

Graphical representations of the receipts and payments pages 7 - 9.



The above chart represents all active projects to 31 December 2009 allocated within the sectors of focus that Ukuthasa supports.

